

Understanding the Pediatric Patients' Perspective on External Trigeminal Nerve Stimulation (Cefaly®) for Migraine Treatment: A Focus Group Discussion

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Supplementary material

This file contains supplementary material for the following publication:

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- Supplementary material 1: Focus group structure and questions

Focus Group Structure and Questions

Welcome (5 min)	<ul style="list-style-type: none"> State the purpose of the session; explain the value of participation and feedback Review study procedures and confidentiality
Ice Breaker Activity (10 min)	<ul style="list-style-type: none"> Complete a brainstorming activity. Using mentimeter.com, youth will submit words on their personal devices to describe what migraine means to them, forming a word cloud depiction.
Device Demonstration (10 min)	<ul style="list-style-type: none"> Interviewer explains what the Cefaly® device is Interviewer demonstrates using Cefaly® on himself
Break (5 min)	
Question 1: (7 min)	<p>1. How does having migraines affect your life?</p> <p>(Probes):</p> <ul style="list-style-type: none"> What is it like to live with chronic migraines? <ul style="list-style-type: none"> Before or after starting treatments? How does it affect school, work, or your social life?
Question 2: (8 min)	<p>2. What do you do for pain management?</p> <p>(Probes):</p> <ul style="list-style-type: none"> What helps minimize the pain/ migraine side effects? E.g., medications, injections (ex. Botox or nerve blocks), exercise, alternative therapies (massage, acupuncture, heat packs)? What works or doesn't work?
Question 3: (10 min)	<p>3. Imagine you have decided to use the Cefaly® device to help you manage your migraine. Describe what the benefits and drawbacks would be of using Cefaly in your day-to-day life?</p> <p>(Probes):</p> <ul style="list-style-type: none"> When in your day would you use Cefaly®? Before bed, in the morning? What appeals to you about it? What puts you off using it? Are there any barriers to using Cefaly®? How might it overlap with or complement your other migraine treatments if it would? In what environments can you see yourself using Cefaly®? <ul style="list-style-type: none"> E.g., In the car, at school, at home
Question 4: (1 min)	<p>4. Other feedback?</p>
Wrap up: (4 min)	<ul style="list-style-type: none"> Thank youth for their participation!